

Newsletter for April, May and June 2024

As we leave winter and enter spring, we want to emulate the spirit of the season and offer growth and new beginnings to our beneficiaries. Whatever challenges our service users face we want them to know we are here to support, empower and inspire them to overcome challenges and achieve their goals! Our staff have delivered some amazing projects to do this so please dive into our Activity Guide and discover the initiatives we've been up to in 2024 and how you can get involved if you wish!

Celebrating the staff sponsored walk

On the 20th of February four of our brave staff members Nisma, Shibley, Lesley and Mahmuda volunteered to complete in our very first sponsored walk to raise vital funds for Diversity Matters North West. This journey would see them travel from Werneth Low Country Park to Broadbottom Lymefield Visitors Centre and was a 7-mile round trip in less than favourable weather conditions. It was a great challenge for them to undertake and they were hoping to raise £500 for this endeavour. Thanks to the generosity of our supporters, we exceeded this and raised £508!



We want to give a massive thanks to everyone who donated. It really was a fantastic result for us, and we could not have done it without you!



The walk itself was challenging! It had been raining over the past few days, so the terrain was marshy and muddy. Nisma kept spirits high, leading the way and stopping the team going in the wrong direction which would have made an already challenging walk even longer. Our intrepid explorers made sure to take a well-deserved break and

had a picnic on top of Werneth Low Hill to refresh and take in the stunning views.

International Language Day of Bangladesh, a celebration of heritage and culture

On the 21st of February we celebrated the International Language Day of Bangladesh in the women's hub. There was a range of exciting activities such as Bangladeshi food, traditional games, clothes stalls, creating Bangladeshi flags along with DMNW team writing their names in Bangla!

The importance of this day

The ladies who attend the Women's Hub came up with the idea of celebrating International Language Day as it's an event they celebrated in Bangladesh





before coming to England. Many of the ladies who attend the women's hub are from Bangladesh and missed having the opportunity to attend similar events and celebrate their heritage in England. The ladies felt it was important to celebrate this day as it is part of their identity and so that their children do not forget their cultural heritage. There was range of activities on during the day such as Bangladeshi food, traditional games creating and displaying Bangladeshi flags, clothes stalls and even a fashion show!

DMNW Fundraising News

Sign up and help us raise funds with Easyfundraising! You shop and brands donate to us, it doesn't cost you a penny! A massive thank you to everyone who has signed

up to support Diversity Matters North West. Our 24 fabulous supporters have raised £108, we appreciate this so much!

If you want to join us and support us too, it couldn't be easier and all you will need is your email address. Click the link or scan the QR code below to start supporting us today.

https://www.easyfundraising.org.uk/causes/diversity-mattersnorth-west



Did you know?

We are now able to accept donations on our Website: Help us to continue to provide support to the local community across Tameside, by donating on our website: donate function. Also if you wish to create your own events and campaigns to fundraise for us and help vulnerable people in Tameside then check out the following link, Facebook: Create your campaign here. This is a great way to create, track and deliver any fundraising you may wish to do for us! In terms of impact here's what your donation can do

- **£25.00** will pay for an access support session, helping people whose first language is not English to make appointments and access services like Dr's, housing, benefits.
- **£50.00** will enable 10 women to attend a physical activity session at our Women's Hub, supporting health and wellbeing.
- **£150** will fund a Pre-entry ESOL course for local women so they can improve their skills and confidence.

£250 will train a peer mentor volunteer to provide practical and emotional support to women in crisis. Donate to Diversity Matters North West

Keep in touch!

We are available on the phone, via email and all staff members have mobile phones.

Our centre will have reduced opening times during Ramadan but will return to normal schedule on Monday 15th of April. All contact details are available on the <u>contact page of our website</u>.

Also, please remember to follow Diversity Matters North West on <u>Facebook, Twitter</u>, and <u>Instagram</u>. You can read all about the team, our trustees, our volunteers, what we do, and much more on our website: <u>www.diversitymattersnw.org.uk</u>.

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